

CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

Oct. 1, 2001

NEWS BRIEFS

WAKE UP WEDNESDAY

A Wake-Up Wednesday will be held Oct. 10 on Depression Awareness. The Kentucky Employee Assistance Program will focus on Depression Awareness Month by presenting information about depression and highlighting their new telephone and on-line Depression Screening opportunities. The session will start at 9:30 a.m. in the Health Services Auditorium.



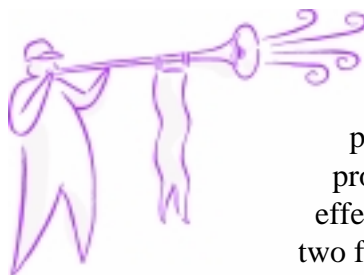
**TIP OF
THE
WEEK**

Tasting is one way children explore their world. Young children, especially those under the age of three, often put objects such as coins, beads, and toys, in their mouths. This is normal, but it can lead to choking. Here are some tips to help prevent choking: (1) Don't leave small objects, such as buttons, coins, and beads, within an infant's reach. (2) Have children sit in a high chair or at a table while they eat. (3) Don't let children eat too fast. (4) Make sure that toys are too large to be swallowed. (5) Do not give infants and young children foods like nuts, grapes, popcorn, and raw vegetables. (6) Make sure that toys have no small parts that can be pulled off. (7) Cut foods, such as hot dogs, into small pieces, and (8) Watch children while they eat.

Five Weeks Left In KECC Campaign; Turn In Your Forms

A message from George Graham, KECC coordinator for the Cabinet for Health Services:

Thank you to all employees who have already donated to the KECC Campaign. We have only five weeks remaining. If you have not submitted your contribution form, please do so. All KECC pledge forms must be returned even if you choose not to donate or make a pledge. Please



return the form to your KECC division coordinator.

-- How can your contribution help?

If you give \$2 per paycheck, it will provide instruction on effective parenting for two families. The same amount will also provide two weeks of activities and companionship for four elderly persons.



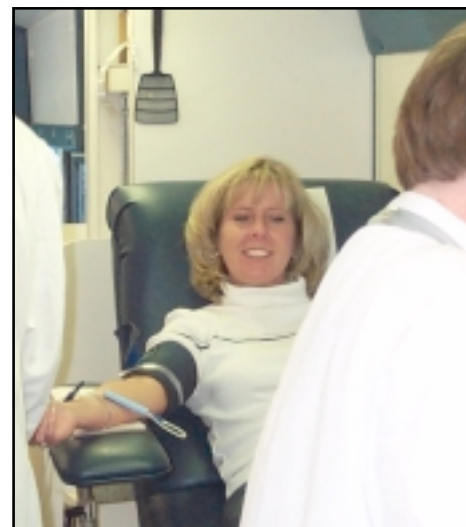
HR Clean Up And Surplus Days On Friday and Monday

Remember that Friday, Oct. 5, has been designated as a clean up day for CHS in the Human Resources Complex.

This is part of the effort to improve security around the complex. Please get rid of boxes and other clutter.

Dumpsters will be placed near the freight elevators. Please bring your trash to the dumpsters.

Monday, Oct. 8, is surplus day.



Cindy Watts, who works in the Department for Medicaid Services commissioner's office, gives blood Monday as part of the Red Cross Blood Drive. Approximately 125 CHS and CFC employees donated blood during the two-day drive.



Dr. Steve Englander Is New Epidemiologist

Dr. Steve Englander is the new state epidemiologist and director of the Division of Epidemiology & Health Planning in the Department for Public Health.

Englander, a Cincinnati native, has spent most of his career in epidemiology and health administration at the federal, state and local levels. He was state epidemiologist in Arizona from 1987-92 and held other State and local public health posts in Arizona and Colorado.

While in Arizona, Englander



Englander

worked with Dr. Glyn Caldwell, who retired earlier this year as Kentucky's epidemiologist.

"It seemed like a natural thing to follow in his footsteps here," Englander said.

Englander earned his medical degree from Case Western Reserve University School of Medicine in Cleveland, Ohio, in 1973 and Masters of Public Health at University of California, Berkeley, in 1980.

The Patriots' Tree



The Office of Inspector General has set up a memorial called The Patriots' Tree.

Employees throughout the Cabinet are invited to hang small patriotic items in memory of the victims of the Sept. 11 attacks and in support of all who are working to keep our country strong.

"The Patriots' Tree is a symbol of remembrance and pride. We hope anyone who wishes to express these feelings will feel free to participate in our small memorial," said Inspector General Pam Murphy.

The tree is just outside the Inspector General's Office in the CHR Building at 5-E.

Open House For Distance Communication and Learning Center

All CHS employees are cordially invited to the Official Opening of the Distance Communication and Learning Center, on Thursday, October 11. Come and see your new training and development resource.

Tour Schedule-Oct. 11 10:00 to 10:30 a.m.

Office of the Secretary
Office of General Counsel
Office of Program Support
10:30 to 11:00 a.m.
Administrative Hearings Branch
Office of Women's Physical

and Mental Health
Office of Inspector General
11:00 to 11:30 a.m.

Office of Certificate of Need
Office of Aging Services
12:30 to 1:00 p.m.

Department for Public Health
1:00 to 1:30 p.m.

Dept for Medicaid Services
1:30 to 2:00 p.m.

Department for Mental Health
and Mental Retardation Services

Commission for Children with
Special Health Care Needs
Anyone who missed the time
slot or we failed to list.

The CHS Checkup is a newsletter for employees of the Kentucky Cabinet for Health Services. Please direct contributions or comments to the Office of Communications, 502-564-6786. View newsletters at the CHS website at: <http://chs.state.ky.us/> Printed with state funds.

